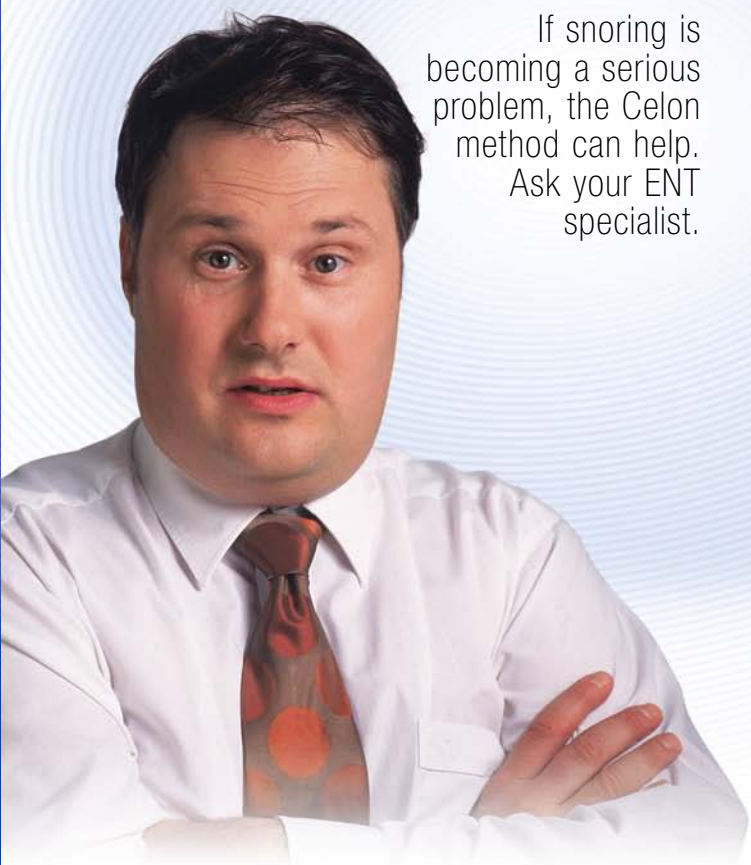


**OLYMPUS®**

Your Vision, Our Future

# **Sawing logs? Sleeping single? Sagging spirits?**

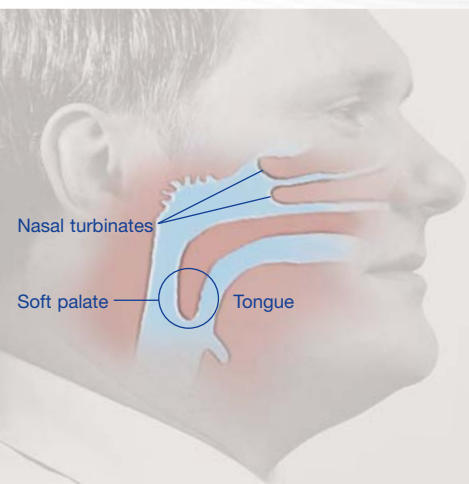
If snoring is becoming a serious problem, the Celon method can help. Ask your ENT specialist.



## MINOR CAUSE, MAJOR EFFECT.

Everyone snores from time to time – it's perfectly normal. But excessive snoring can make your partner – and you – miserable. And if the problem leads to obstructive sleep apnea (interruptions in breathing), snorers can also suffer health consequences.

Snoring is often caused by constriction of the upper respiratory tract or an enlarged or slack soft palate. Today, these very common conditions can be treated with excellent results using minimally invasive methods.



## WHAT YOUR DOCTOR CAN DO.

### The Celon method.

Treatment using the Celon method involves using targeted thermotherapy to reduce the size of the affected areas in the nasal passages and pharynx and stabilize the slack tissue. This means that snoring is treated directly at its source.

This minor procedure can be carried out by an ENT specialist under local anesthesia. From start to finish, the procedure generally takes no longer than 10 to 15 minutes. You can resume normal activities immediately – recovery takes only a couple of days. There is very little discomfort afterwards and you can feel a marked difference after just a few weeks. With the Celon method, you can join the thousands of patients who have received relief from the burden of excessive snoring.

Of course, the first step is to seek an exact diagnosis from your doctor and an individual treatment recommendation based on the findings.



## BENEFITS FOR PATIENTS.

- An outpatient procedure, generally using local anesthesia
- Brief duration of treatment – completed in just a few minutes
- Targeted thermotherapy used to treat affected tissue
- Organ surfaces – e.g. the mucous membrane – are protected
- Quality of life generally not compromised in the days following treatment
- Procedure can be repeated if necessary

**The Celon method is a minimally invasive treatment option for the thermoablation of tissue, used (among other things) to treat habitual snoring.**

**It is a proven, state-of-the-art, nonaggressive procedure based on radiofrequency energy.**

**The Celon method is a tried-and-tested technique used in doctor's practices and clinics worldwide.**

Celon, RFITT and ProSleep are registered trademarks of Celon AG medical instruments in the USA and other countries.

## QUESTIONS AND ANSWERS.



### **Are there any side effects?**

In the days following the procedure, patients may experience a foreign body sensation, slight swelling or minor pain in the treated areas. After treatment, snoring may be worse for a day or two and you may want to sleep with your head elevated.

### **What do I need to remember after the procedure?**

While you should avoid heavy physical exertion for a few days afterwards, you don't need to restrict your daily activities in any other way. Talk to your ear, nose and throat specialist about any necessary appointments to monitor your condition.

### **Who carries out the procedure?**

Ear, nose and throat doctors who specialize in the Celon method. For more information, please visit our website at [www.snorepedia.com/us](http://www.snorepedia.com/us).

# CELON AND OLYMPUS – WHO WE ARE.

The Celon method (bipolar radiofrequency induced thermotherapy, or RFITT) was devised in Germany by Celon AG medical instruments. The technique was developed and clinically evaluated during the 1990s in collaboration with renowned research institutes.



Doctor's/practice stamp

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**OLYMPUS**

Manufacturer  
**OLYMPUS SURGICAL TECHNOLOGIES EUROPE**  
Celon AG medical instruments  
Rheinstraße 8, 14513 Teltow, Germany

Distributor  
**GYRUS ENT, L.L.C.**  
2925 Appling Road, Bartlett, TN 38133-3901, USA